The sulfation of heparan sulfate regulates IL-21 bioavailability and signal strength that control germinal centre B cell selection and differentiation

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Abstract

In antibody responses, mutated germinal centre B (B_{GC}) cells are positively selected for re-cycle or differentiation. As the products from GCs, memory B cells and antibody-secreting cells (ASCs) support high-affinity and long-lasting immunity. Positive selection of B_{GC} cells is controlled by signals from B cell receptor (BCR) and follicular helper T (T_{FH}) cells-derived signals, in particular the costimulation through CD40. Here we demonstrate that the T_{FH} cell effector cytokine IL-21 joins BCR and CD40 in supporting B_{GC} selection and reveal that strong IL-21 signalling prioritises ASC differentiation *in vivo*. B_{GC} cells, compared to non- B_{GC} cells, show significantly reduced IL-21 binding and attenuated signalling, which is mediated by low cellular heparan sulfate (HS) sulfation. Mechanistically, N-Deacetylase and N-Sulfotransferase-1 (Ndst-1)-mediated N-sulfation of HS in B cells promote IL-21 binding and signal strength. Ndst-1 is downregulated in B_{GC} cells and upregulated in ASC precursors, suggesting a selective desensitisation to IL-21 in B_{GC} cells. Thus, a special biochemical regulation of IL-21 bioavailability and signal strength sets a balance between the stringency and efficiency of GC selection.